

Subject: Roly's Run - Results and thank you!

From: Carlos <noreply@sientries.co.uk>

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To: info@rolys.run

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Dear Organiser,

Summary of contents:

- **THANK YOU** for joining us on the **seventh** edition of Roly's Run
- Honorable mentions
- Supporting Papworth Hospital Charity, Sepsis Trust, and Help for Heroes
- Save the date for **Roly's Run 2026 - Sunday 15 Nov 2026**
 - Other winter fun: **Winter X**, 10% discount - **ROLYS-DISCOUNT** use by 01/12
- 2025 Roly's Run **results**
- **Boris the Rock** - where will you take him?!
- **Photos/videos** of the day. Please share ([here](#)) if you have any. I will be adding to website [here](#) progressively as I get them; and finally
- **Acknowledgements**





THANK YOU!

That wraps up **Roly's Run #7!** Lucky escape perhaps? I found myself flicking between BBC / Met Office forecasts all week in the build-up... on the day? Not a drop. Fabulous. This did give way to a moderate breeze from the the North East, though, and many chilly volunteers at their posts!



Shortly before 40 mile start. Photo by Stuart Martin photography.

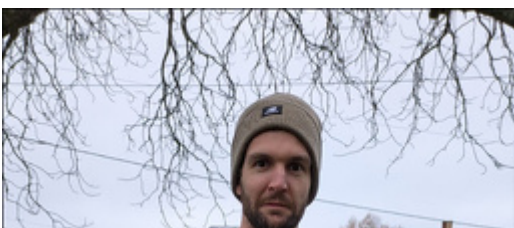
Message from Anna (Roly's sister):

As the dust settles (and the mud freezes) on the 2025 edition of Roly's Run, we look back on how the event has evolved over its 7 years. Each year has seen developments - from timing systems to checkpoint food, and from the rocks to a huge increase in the number of incredible volunteers who make our event possible.

But it strikes me that what has remained constant throughout is you - our fabulous runners and walkers, who rock up, year in, year out with unwavering enthusiasm. And more than that, you bring with you the true spirit of the event, for example carrying rocks round a fairly gruelling course for no reason other than we've told you that Rich (aka Roly) would have thought it's "a bit of a laugh".

We are privileged that you choose our event and that you help to make it what it is. Thank you!

Anna (on behalf of The Family)





*Clockwise from left: **Lawrence Blake**; **James Snook**; **Gregg Chapple**, **Angus Bruce Jones**, **Richard Hunt**, **Mark Tait**; **Mary Murphy**; **Hannah Howard**, just some of those who carried stones round the course with them. This is a tradition that we love - it reminds us of Rich (Roly) and his love of the utterly ridiculous ...*

Additionally, this year saw **Carolin Till**, **Chris Ashdown**, **Jon Leigh**, **Karen Jenkins**, **Laura Kay**, **Luis de Sousa**, **Paul Coates**, and **Rob Walker** take part for the 5th time!

Some honourable mentions:

- **Richard Hayward** who, being unable to run due to injury, volunteered to marshal at Exton village.
- **Lawrence Blake** convinced sister **Natalie** to take on Roly's as her first ever run, and smashed it!
- There was a strong showing of runners from **Almost Athletes**, Roly's old running club in Cheltenham. It always lifts us up to see purple shirts in the hall. Thank you to the 9 for making it here - purple army!!
- **Kyle Evans** may have the fastest unofficial time running up the "steps of doom", to date! The attempt was captured by Kyle himself as he ascended at blistering pace. Though the video quality was insufficient to ratify the attempt, witnesses attest to seeing Kyle refusing to be slowed by other participants, casting them over the barbed wire fence..... just kidding - great effort Kyle!
- Three cheers for **Dave Helps** who finished the 40 mile course twice! His children missed his first finish (due to an unavoidable emergency!) so he dutifully returned to the start of the field to finish again when they reappeared.
- A special shout-out to the tireless **Karen Harman**, for her management of the hall on the day, and the smooth running of the event HQ.
- Finally - we'd like to acknowledge someone who has been with us from the start of Roly's Run, but could not be there this time due to illness. **Martin Pound** has been a stalwart in all editions. Often out with us late into the night the day before, supporting the route-marking,



alongside faithful collie **Jack**. On race-day, Martin would be the first to arrive, and could usually be seen managing the busy crossing in Meonstoke. We missed you old friend.



Supporting Papworth Hospital Charity, Sepsis Trust, and Help for Heroes:

The primary purpose of the event is to lay-on a compelling trail-run suitable for beginners and experienced walkers / runners alike. It gives us a lot of pleasure, however, to continue to be able to support our charitable causes not only from the proceeds of the event, but also via individual donations / fundraising / raffle.

This year, the raffle was extremely well supported, in terms of prize donors and participants.

Many thanks again to everyone who donated prizes:

- [Lumico Digital](#)
- [Alexandra Sports \(Portsmouth\)](#)
- Dave & Mandy Pinckney at Itchen Farm & Fruit Shop, Hamble Lane
- [Help For Heroes](#)
- [Papworth Hospital Charity](#)
- [UK Sepsis](#)
- [Roly's Fudge](#)
- "Hanmade Treats", Swanmore
- Iwona Wojcikiewicz

...and in addition, there are prizes for top 3 fastest times in each course / category generously donated by [Alexandra Sports](#), including equipment and a total of £450 in gift vouchers.

Fruit-boxes donation: fruit boxes donated by Dave Pinkney ([Itchen Fruit and Farm shop](#)) enjoyed by runners at the checkpoints.

We took in over £1,000 from the raffle alone, which will go towards our 3 charities. From this, and with proceeds of the event, we expect to be able to donate approximately **£6,000** this year.

Thank you everyone!

Save the date:

It's a testament to our volunteers and the course that runners keep coming back - we love to see the same people out on the course time and again. We also think the event is a great way to 'get your feet wet' (!), for those that wouldn't ordinarily do this kind of thing or are new to trail / ultra. If you know someone that is in need of an adventure, please let them know about the event. The next edition of **Roly's Run (#8)** will be on:

Sunday 15 Nov. 2026

Entries will open early in the new year. In 2025 there will once again be an entry cap of ~300 participants.

But, you don't have to wait until next year to get cold and wet, Carlos & Simon will be putting on the Winter X on the 28 December. Sign-ups are via Si Entries.

Roly's Run participants can get 10% off the entry fee by using code: **ROLYS-DISCOUNT use by: 01/12.**

We are still looking for volunteers! - if you are interested in volunteering, we can offer you good times, free food on the day, any race merchandise we have going on the day, a free place for you or a family member / friend at any of our future events. Please fill out the form [here](#) and we'll be in touch!

Results:

Congrats to everyone who finished - below are the top 3 fastest times in each category.

Position	1st Place	2nd Place	3rdPlace
Distance	Female/Male	Female/Male	Female/Male
15 Mile	Helen Nicholls 02:15:07	Hannah Howard 02:25:11	Kimberley Cross 02:34:35
	Kyle Evans 02:14:53	Joe Amber 02:17:16	Simon Woods 02:18:21
20 Mile	Sarah Stuart 03:35:00	Tracey Shepperd 03:35:43	Lou Letman 03:36:52
	Sam Skinner 02:25:39	Ben Pitman 02:40:21	Callum Johnson 02:52:12
40 Mile	Laura Watts 07:12:49	Sarah Penny 07:28:30	Emmy Carter 07:38:44
	Stuart Webster 06:07:30	Dan Tracey 06:22:24	Dave Helps 06:30:00

Top 3 fastest times will receive a prize. These are on their way to you. Congrats!

Thank you to [Alexandra Sports](#) (Portsmouth), for putting up some excellent prizes.

Results for all distances can be viewed [here](#).

Taking Boris The Rock on your next adventure?

Once again, we've had great feedback about the personalised stones, an individual 'Mini-Boris' for each runner.

The original Boris was a little bigger, weighing in somewhere between 5-10kg, Rich (Roly) thought it'd be a laugh to hike with it across the country ~67miles from Bowness-on-Solway to Newcastle along Hadrian's wall. It didn't have our names (lasered) on it - it just had a silly smiley face on it in yellow paint. **Rich had a spirit for doing the hard, adventurous, and sometimes utterly ridiculous things in life!**

We're pleased to have been able to capture some of that in the mementos that participants received. Our thanks to **Adam (the laser-dude)** for supporting us in personalising all of those stones.

If you decide to take your Boris the Rock with you on an adventure, or should he decide to take you, do let us know!



Toria Lyle has built up quite the collection of little Boris's!

Did you take any photos/videos of the day?

If you took **photos** on the day, and don't mind sharing, please share them with us. Please drop them **HERE**. I will be adding to the [website gallery](#), progressively as I get more. Some great photos taken by freelance photographer [Stuart Martin](#) are already there. Volunteers **Rachel** and **Matt** were able to capture you looking at your happiest on the "steps from hell" or "steps of DOOM" as they've come to be known! :)

Paul Marchant filmed his day out on the 40 mile route, and can be seen [here](#). Thank you Paul!

Lost property?

We have collected a couple of bottles / tops that were left in the hall, if you have lost anything on the day, contact us with a description and we'll see if we have it!

Volunteers and others that made this event possible:

(Apologies if I have missed anyone!)

Cake Bakers / Donations:

Brickyard Road (Kathy (no. 3), Tamsin Holmar, Rosy Easton, Kathy Bakewell, Naomi & Andrew Black, Lin Powell, Wendy Palmer), Sarah Havard, Rachel Reed, Maria Isom, Lisa Reynolds, Hana Allison, Caroline Keay, Jess Evans, Sarah Standing, Ruth Snook, Bean Clark, Diane Warr, Helen Borrett, Sophie Gerrell, Alex Scott, Ann Atkinson, Sandy Gillet, Judi Sainsbury, Pam

Bullivant, Kim Ronaldson, Chris Hall, Sandy Waller, Lesley Keith, Valerie Helbert, Bobby Pyart, Cilla Markham, Sally Schofield.

Route-marking: Damien Mulchrone, Simon Allison, Todd Kindler, Simon Minard, Ed Brent, Carlos Brent.

Hall (Saturday): Anna Walklate, Steve Walklate, Cilla & Jim Markham, Sally Schofield, Sarah Havard, Jean Witty, Helen Borrett, Amelie Brent, Elise Brent, Tom Brent, Karen Harman, Damien Mulchrone, Simon Allison.

Car parking: Eric Reed.

Hall (Sun): Sue Linington, Karen Harman, Anna Walklate, Carmen Emtage, Evie Emtage, Martyn Mansell.

Registration: Karen Harman, Anna Walklate, Fran Tam, Eileen Fitzgerald.

Raffle: Steve Walklate, Angie McLeod, Sally Schofield, Verity Howard, Amelie Brent, Belle Fargher, Elise Brent, Tom Brent.

Stone painting: Anna Walklate, Helen Borrett, Karen Harman, Lisa Reynolds, Kate Cloud, Ann Atkinson, Amelie, Elise, and Tom Brent.

Enormous quantities of vegan chilli: Gareth Johns, Silvia Brent.

Marshals:

Swanmore Village: Roger Moorfill.

Upper Swanmore: Anabell Ferreiro, Louise Hinckley; Justin, Jasper, and Wilf Scott.

Sheep Pond Lane: Martyn Mansell.

B3035: Brian Minard, Anatolii Isachkov.

A32 (Exton): Richard Hayward, Steve Tooke.

A32 (Droxford): Miriam Simmons-Dauvin, Louise Hinckley, Anabell Ferreiro.

Mayhill Lane (inc. Steps of DOOM): Rachel Donnachie, Matt Evans

Checkpoints:

Lomer Farm: Lisa, James, and Joe Reynolds, Hana, Seb, and Chloe Allison.

Meonstoke: Bjorn Emtage, Ayla Emtage, The Snooks (Ruth, Ollie, Harvey, Arthur) Bean Clark, Kayleigh Chamberlain, Kirren Keegan, Mandy Grayson.

Winchester Hill: Dominic Malson, Todd Kindler, Dom Ducellier.

Halnaker Lane: Eduardo Brent, Rene Brent (including impromptu cornet rendition!).

Sustainability Centre: Adam Rosowski, John Tussler.

Pidham Cottages: Eileen Fitzgerald.

Start/Finish: Anna Walklate, Angie McLeod, Chris Keith, Helen Nicholls.

Banners/Event shelters: Rene Brent, Ed Brent.

First Aiders: Sue Linington, Martyn Mansell, Lisa Reynolds, Kayleigh Chamberlain, Ruth Snook, Dominic Malson, Ed Brent, Adam Rosowski, Simon Minard, Carlos Brent.

Route de-marking, tail-walking: Matt Atkinson, Kirren Keegan, Anatolii Isachkov, Brian Minard, Lisa Reynolds, Steve Tooke, Todd Kindler, Ed Brent, Simon Minard, Will Green, Domini

Ducellier, Richard & Mandy Grayson.

Post-event clear-up: Joe Amber, Stephen Briney, Todd Kindler, Nick Minard, Will Wylde, Adam Rosowski, Dominic Ducellier, Carlos Brent, Simon Minard, Ed Brent, Rene Brent.

Childcare: The Atkinsons!

Photography: Stuart Martin, Matt Evans.

Thanks also to:

- **Martin Chase** for the loan of a flat-bed truck to do initial run of equipment and supplies.
- Swanmore Parish Council for their help and also a generous grant in 2025.
- **Jonny Saville** and team at Swanmore Leisure for allowing us use of their staff car park and community changing facilities.
- Droxford Parish Council for being such gracious hosts.
- East Meon Parish Council for being such gracious hosts.
- Corhampton & Meonstoke Parish Council for being such gracious hosts.
- **Trail Running Association** for issuing us with a race permit and providing us with a grant in 2025.
- **Anthony Pelly** (Preshaw Estate) for being so accommodating in allowing us to set up a checkpoint at Lomer Farm.
- **Bereleigh Estate** for being such gracious hosts.
- **Natural England** for allowing us to set up a checkpoint on Winchester Hill.
- The **Sustainability Centre** for allowing us to set-up a checkpoint in their car park.
- The ever-helpful **James Morrice** at Meon Hall, and **Jon Woodman** at the Swanmore Village Hall.
- **Kim Barber** at the **Hampshire Chronicle** for supporting the event with publicity before and after, and **Stuart Martin** for turning up in the morning to photograph the start.
- **Simon Farington** from **EMIT-UK** timing services for their advice and support before and on the day, as well as **Gosja Seklecka** for providing remote timing support, ensuring that all runners were accounted for.

Happy autumn / winter running...

See you on the trail,

Roly's Run 2025 team.

All enquiries regarding this email should be directed to **Carlos**.



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